



Sutter Medical Center,  
Sacramento

A Sutter Health Affiliate

## Healing Touch Classes, 2006 for Healthcare Professionals and Others

Healing Touch is a multi-level program of human biofield therapy that builds from beginning to advanced practice. HT uses touch to influence & promote harmony in a person's energy system thus affecting physical, emotional, mental and spiritual health, and empowering the individual to be in touch with their own healing. Healing Touch has extensive application in all areas of nursing. HT therapies are used in many settings as complementary therapy for anxiety relief, pain management, and wound healing. A strong commitment to personal growth and holistic health principles is required of the learner. Although the course is targeted to nurses and healthcare providers, all disciplines and community are welcomed.

### Healing Touch Level 1 Courses, 18 Contact Hours ANCC

**Dates:**

**July 15 & 16**  
**Aug. 19 & 20**  
**Oct. 21 & 22**

**Location:**

**Sutter Cancer Center**  
**Sutter Cancer Center**  
**Sutter Cancer Center**

### Healing Touch Level 2 Courses, 20 Contact Hours ANCC

**March 4 & 5**  
**Nov. 18 & 19**

**Sutter Cancer Center**  
**Sutter Cancer Center**

### Healing Touch Level 3 Course, 20 Contact Hours ANCC

**May 6 & 7**

**Sutter Cancer Center**

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All courses taught according to curriculum of Healing Touch International.

Endorsed by the American Holistic Nurses' Association.

Courses applicable toward certification in Healing Touch practice. Fee \$300, includes CE.

**For course information, registration, & other information, contact:**

**Susan DeSalvo-Reed, Certified Healing Touch Instructor, 707-928-6565.**

Coordinated through SMCS Nursing Education, 916-733-1727.